

Choi's Martial Arts USA
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CHILDREN

Belt Level	MON	TUES	WED	THUR	FRI	SAT
White	4:30p		5:15p			10:00a
Yellow, Orange	5:15p		4:30p			12:15p
Green, Lt. Blue, Dk. Blue, Purple		4:30p		5:15p		10:45a
Brown, Red, Dan Bo, Ast. Black		5:15p		4:30p		1:00p
Black Belt – 1st D			6:00p		4:30p	1:00p
Black Belt – 2nd up			7:40p		6:45p	1:00p

ADULT

Belt Level	MON	TUES	WED	THUR	FRI	SAT
White	7:30p			6:00p		10:00a
Yellow, Orange	6:00p			6:45p		12:15p
Green, Lt. Blue, Dk. Blue, Purple		6:00p			5:15p	10:45a
Brown, Red, Dan Bo, Ast. Black		6:45p			6:00p	11:30a
Black Belt – 1st D	6:45p		6:50p			11:30a
Black Belt – 2nd up			7:40p		6:45p	11:30a
Open to all belts (Adults only)	11:30a			11:30a		

NHA: Natural Healing Arts (Tai Chi, Qigong, Meditation & Yoga)		11:30a & 7:30p			11:30a & 7:30p	
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RULES

STUDENTS MUST COME TO CLASS AT LEAST 10 MINUTES BEFORE START TIME.
 STUDENTS MUST NOT WEAR JEWELRY OR CHEW GUM IN CLASS.
 STUDENTS MUST ATTEND AT LEAST TWO CLASSES PER WEEK TO IMPROVE.
 STUDENTS MUST BE RESPECTFUL TO INSTRUCTORS/HIGH BELTS AND PARENTS.